

## TAKE A HIKE!

Join us for a day of family fun featuring fitness hikes.



WARM-UP EXERCISES

**NATURE HIKES** 8:15 a.m., 9:15 a.m., 10:15 a.m.

**HEALTHY SNACKS** 

PICNIC AREA

**FREE GIVEAWAYS** 

**DRAWING PRIZES** 

## **Kenneth Hahn State Recreation Area**

4100 S La Cienega Blvd. Los Angeles, CA 90056

2nd Supervisorial District

## Saturday, September 10, 2011 7:30 a.m. - Noon

RSVP to secure your giveaway at <a href="http://dhr.lacounty.info">http://dhr.lacounty.info</a>







